

2022 Gateway Cross-Country Schedule

Date	Day	Event	Site	Time
August		(Schedule same for JH through Oct 8)		
9	Tue	1 st day of XC Practice	GCS	6:25 AM
20	Sat	2K Blast	GCS	8:00 AM
20	Sat	HS 3K Scrimmage	GCS	10:00 AM
27	Sat	Ft Stanton (Capitan) Invite	Ft Stanton	9:00 AM
September				
10	Sat	NMMI Invitational	Roswell	9:00 AM
24	Sat	Falcon Invitational	Loving	TBD
October				
1	Sat	Artesia Invitational	Artesia	9:00 AM
8	Sat	Pecos Valley Invite	Roswell	9:00 AM
15	Sat	Academy Extravaganza	Abq Academy	TBD
28 or 29	Fri/Sat	DISTRICT MEET	TBD	TBD
November				
5	Sat	STATE CHAMPIONSHIPS	Abq Academy	Boys ??? Girls ???

Stay informed by checking in at:

[facebook.com/GCSTRACK](https://www.facebook.com/GCSTRACK)

Coach Toles (575) 626-3190

Athletes & Parents – Sign up to receive Team Notices

text @gcsx to the number 81010

If that doesn't work, try texting @gcsx to (575) 613-1148

or go to: remind.com/join/gcsx

NOTES: Workouts will be from 6:15 to 7:30am M-F.
Bring refillable H2O bottles & healthy breakfast to eat after showering and dressing for class
Bring total change of clothes including fresh socks and another pair of shoes
Gym will be open from 6am – 8am until all athletes walk to class